

# The ULTIMATE Superfood Salad

Serves: 5

Prep time: 15 minutes



## Ingredients

### For the Salad

- 4 cups broccoli florets
- 20-30 Bing cherries, pitted and sliced
- 1 cup fresh blueberries
- ½ cup pumpkin seeds, lightly salted
- ½ cup dried goji berries
- ¼ cup hemp seeds

### For the Dressing

- ¾ cup avocado oil
- ½ cup apple cider vinegar
- 3 tablespoons maple syrup
- Salt and pepper to taste

## Directions

1. In a large bowl, combine your broccoli, cherries, blueberries, pumpkin seeds, goji berries and hemp seeds
2. In a smaller bowl, whisk together your ingredients for the dressing
3. Once the dressing ingredients are combined, pour the dressing over the ingredients in your large bowl and stir. Don't be afraid to get knead everything with clean hands!
4. Transfer your product into a gallon-sized zip lock bag, seal and place in the refrigerator for at least 15-30 minutes to chill. Serve in individual bowls and ENJOY!!!